

## **Knit A Yoke**

**Presented at our August 2007 meeting by Barbara Meloy**



**This pattern is based on the following gauge: Gauge 7 sts, 10 rows/inch**

**This technique is based on Joyce Schneider's work, with a simplified method of decreasing which is much faster.**

**CO 198 stitches with waste yarn. Knit 5 to 8 rows.**

**Knit 1 row ravel cord.**

**"E" wrap main color over all needles.**

**Knit 1 row main color.**

**Knit 1 row main color while setting fair-isle.**

**Knit until first row without fair-isle.**

**Decrease evenly across with garter bar: hang 3-prong tool on left needles 2 and 1 and right needle 1; put all stitches to the right on the garter bar; rehang 1 stitch on the left, then rehang 8 stitches starting with right needle 2. Continue decreasing in groups of 8 stitches, doubling the first on the last needle of the previous group. 9 stitches in the last group. Rehang the 3-prong tool on left needle 1 and right needles 1 and 2. Decrease the left side like the right. End needles are number 87, left and right.**

**Knit evenly in pattern until the next non-fair-isle row.**

**Decrease evenly across as before, in groups of 6, last group is 7 stitches. End needles are 63.**

**Knit evenly in pattern until next non-fair-isle row.**

**Decrease evenly across as before, in groups of 4, last group is 5 stitches. End needles are 48.**

**Knit evenly in fair-isle until end of pattern.**

**Knit 1 row main color.**

**Decrease evenly across row, from end to end, with 3-prong tool, in groups of 3 stitches for small and medium; groups of 4 stitches for large and extra large; groups of 5 stitches for 2XX and 3 XX. End needles 33, 36 or 39.**

**Remove on 4 to 7 rows of waste yarn.**

**Make a second piece like the first.**

**Block flat, in a curved shape, with straight edges (shoulder seams) in a line with the lines on the blocking board.**

**Make a 1X1 rib neckband of 131 stitches, needles 66-65 for small and medium; 143 stitches, needles 72-71 for large and extra large; or 155 stitches for 2XX and 3XX, needles 78-77.**

**Remove on a garter bar.**

**Rehang neck stitches, right side facing you, doubling the stitches on left needle 1.**

**Pull needles to hold, yoke pieces behind latches.**

**Rehang neckband in latches. Close latches. Using garter bar, push all needles back at once.**

**Hang original edge of neckband (EON is enough).**

**Knit 1 row from left to right.**

**Bind off loosely around gate pegs.**

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